

The Active Approach: Enhancing Language Skills through Classroom Engagement

 **Rubaba Mammadova**

Nakhchivan State University, rubabamammadova@ndu.edu.az

<https://doi.org/10.69760/aghel.02500123>

Keywords

Active learning
classroom activities
language acquisition
communication skills

Abstract

This article explores the significance of active engagement in language learning, emphasizing how interactive classroom activities enhance communication skills, boost motivation, and provide contextual understanding. Drawing on research, it argues that active learning complements traditional methods, addresses diverse learner needs, and prepares students for real-world language use. Challenges such as time management and skill diversity are also discussed, with strategies for effective implementation. The article concludes with a call to educators to embrace innovative, active learning approaches for transformative language education.

Introduction

Language classrooms have long relied on traditional teaching methods, such as lectures and rote memorization, to impart knowledge. Yet, despite countless hours spent memorizing vocabulary lists, many language learners struggle to communicate effectively in real-life scenarios. For instance, Martyn (2007) emphasizes that passive learning approaches often fail to translate into practical skills, leaving students ill-equipped for authentic communication challenges.

In contrast, active learning methods focus on engagement, interaction, and language application in meaningful contexts. Unlike traditional methods, which often prioritize theoretical understanding, active learning transforms the classroom into a dynamic environment where students are encouraged to participate actively. According to Bonwell and Eison (1991), this approach makes learning more enjoyable and fosters deeper understanding and retention. The shift from teacher-centered instruction to student-centered engagement highlights the transformative potential of active learning.

Active classroom engagement, supported by well-designed activities, is essential for effective language learning. It improves communication skills, boosts student motivation, and enhances their understanding of language in context. As Freed (2010) points out, interactive methods, such as classroom response systems and role-playing, create an atmosphere of collaboration and critical thinking, paving the way for practical language acquisition.



From my perspective, traditional methods often fall short because they fail to connect students with the real-world application of language. Active learning, on the other hand, bridges this gap by emphasizing practice, creativity, and collaboration, making it a transformative approach to language education.

Enhancing Skills and Understanding Through Active Engagement

Active learning enhances practical communication skills by creating real-world contexts for language use, fostering a dynamic and engaging environment for students. Bonwell and Eison (1991) define active learning as a teaching approach that involves students in meaningful activities, emphasizing participation and collaboration rather than passive reception of information. This shift not only makes classrooms more interactive but also provides learners with the opportunity to practice language in realistic scenarios.

One effective active learning strategy is role-playing, which immerses students in situations they are likely to encounter outside the classroom. Martyn (2007) highlights the value of such activities in developing fluency, as students apply their vocabulary and grammar knowledge in practical conversations. For instance, acting out scenarios like ordering food at a restaurant or conducting a job interview helps learners internalize language structures while improving their confidence in speaking.

Classroom response systems also play a vital role in promoting interaction. Freed (2010) explains that tools such as clickers facilitate discussions by encouraging all students to contribute, thereby creating a collaborative atmosphere. These systems allow students to engage with peers, debate ideas, and refine their communication skills in a supportive environment.

From my perspective, interactive methods like role-playing and response systems empower students to overcome the fear of making mistakes, which is a common barrier to language learning. By providing a safe space to practice and receive feedback, these activities build the confidence learners need to communicate effectively in real-life situations. In my experience, students who participate actively in such tasks are more likely to use language spontaneously and successfully outside the classroom.

Boosting Motivation and Engagement

Interactive activities increase student engagement and motivation, making language learning more enjoyable and effective. Rotgans and Schmidt (2011) emphasize the crucial link between situational interest and academic achievement, demonstrating that learners who find classroom activities engaging are more likely to perform well. This situational interest arises when students perceive tasks as relevant, challenging, and fun, fostering a deeper investment in their learning process.

Innovative approaches like the flipped classroom, as discussed by Nouri (2016), provide an excellent example of how active learning strategies can benefit students, particularly those who may struggle in traditional settings. By moving lecture-based instruction outside the classroom and dedicating in-class time to interactive activities, students are more actively involved in their learning. Zappe et al. (2009) also highlight that this model encourages collaboration, creativity, and problem-solving, which can significantly boost the engagement of low-achieving students.

Vocabulary games and storytelling sessions are prime examples of activities that inspire curiosity and collaboration among learners. For instance, a vocabulary bingo game can turn memorization into an exciting challenge, while a group storytelling exercise allows students to use newly acquired words



creatively. Such activities create a sense of achievement and encourage students to experiment with language in a supportive environment.

From my perspective, incorporating interactive activities like these has consistently transformed the classroom atmosphere. Students not only participate more enthusiastically but also exhibit improved retention and application of language skills. In my experience, even the most hesitant learners become actively engaged when lessons include a playful or collaborative element, proving the value of interactive methods in maintaining motivation and enhancing learning outcomes.

Facilitating Contextual Understanding

Activities provide cultural and situational insights, preparing learners for the real-world application of language. According to Park and Choi (2014), transformed classroom spaces designed for active learning enable students to engage in meaningful, contextual interactions. These environments encourage the use of language in ways that mirror its application in daily life, fostering a deeper understanding of how linguistic elements function in various scenarios.

Michael (2006) further highlights that active learning facilitates comprehension of nuanced language use. Unlike traditional methods that emphasize rote memorization, activities such as debates and simulations immerse students in realistic situations, where they can explore tone, idiomatic expressions, and the distinctions between formal and informal communication. This experiential learning helps students grasp the subtleties of language, which are often missed in textbook-based instruction.

For example, a classroom debate on a relevant social issue can teach students how to craft persuasive arguments and adjust their tone to fit formal settings. Similarly, role-playing a casual conversation in a coffee shop allows learners to practice using idiomatic expressions naturally. These activities not only reinforce vocabulary and grammar but also help students develop a practical understanding of how to navigate different communicative contexts effectively.

In my opinion, teaching language extends far beyond grammar rules and vocabulary lists. It involves equipping students with the tools to communicate meaningfully and culturally appropriately in diverse situations. By focusing on contextual understanding through interactive activities, educators prepare learners to adapt their language use to real-life scenarios, enhancing both their linguistic competence and cultural awareness.

Addressing Challenges and Counterarguments in Active Learning

While active learning presents challenges, such as time management and skill diversity, these obstacles can be mitigated with proper planning and thoughtful implementation. Brophy (1983) highlights that effective classroom organization and management are critical for addressing the complexities of diverse learning environments. Teachers must design activities that maximize participation while ensuring that no student feels left behind.

One effective strategy is the use of tiered activities, which cater to mixed-ability groups by providing tasks at varying levels of difficulty. For example, in a vocabulary exercise, beginners might focus on identifying simple synonyms, while advanced learners create sentences or short paragraphs using the same words. Roehl, Reddy, and Shannon (2013) emphasize that such differentiated instruction helps engage all learners, allowing them to participate meaningfully based on their skill level.



Active strategies, like collaborative group work or project-based tasks, can also help manage diversity in the classroom. These methods encourage peer learning, where stronger students can assist others, fostering a supportive environment. For instance, a group storytelling project might involve students taking roles suited to their abilities, such as brainstorming ideas, drafting sentences, or narrating the story.

From my perspective, managing these challenges requires striking a balance between interactive activities and structured instruction. Teachers can allocate specific time slots for activities and plan lessons that seamlessly integrate active and traditional methods. For example, starting a lesson with a brief lecture followed by an engaging activity ensures that foundational knowledge is established before application. In my experience, a well-structured approach not only addresses logistical challenges but also enhances the overall effectiveness of active learning.

Counterarguments and Rebuttal

Critics of active learning argue that activities can distract from structured grammar instruction, potentially leading to a lack of focus on foundational language rules. Additionally, they claim that unequal participation may occur, with more confident students dominating discussions while others remain passive. These concerns highlight valid challenges but do not outweigh the numerous benefits of incorporating active learning methods.

Bonwell and Eison (1991) counter this criticism by demonstrating that active learning complements traditional instruction, rather than replacing it. By integrating activities into lessons, students have the opportunity to apply grammar rules in practical contexts, reinforcing their understanding. For instance, role-playing a real-world scenario or engaging in a structured debate ensures that theoretical concepts are used meaningfully and retained more effectively.

Rotgans and Schmidt (2011) provide evidence that interactive methods enhance retention and academic achievement. Their research highlights that when students are actively involved in learning, they are more likely to internalize and remember language structures. This finding supports the idea that activities do not undermine grammar instruction but instead provide a practical application that enriches learning outcomes.

In my view, the integration of active learning strategies does not detract from grammar instruction; rather, it enhances it by making abstract rules tangible and relevant. By designing activities that require the deliberate use of grammar—such as sentence-building games or peer editing exercises—teachers can ensure that students apply their knowledge in ways that deepen comprehension. In my experience, active learning transforms grammar from a rigid set of rules into a dynamic tool for real-world communication, making it both engaging and effective.

Conclusion

Active engagement is essential for effective language learning, as it empowers students to develop practical communication skills, boosts their motivation, and enhances their contextual understanding of language use. By transforming classrooms into dynamic environments, active learning methods bridge the gap between theoretical knowledge and real-world application, fostering both competence and confidence in learners. Throughout this discussion, we have seen how activities such as role-playing, vocabulary games, debates, and simulations improve fluency, encourage collaboration, and prepare students for authentic communication scenarios. Interactive strategies not only make language learning enjoyable but also cater to diverse learners by addressing varying skill levels and creating a sense of achievement. Additionally, by



providing cultural and situational insights, active learning prepares students for the complexities of using language in different contexts.

Educators are encouraged to embrace active learning methods and innovate classroom activities to create transformative learning experiences. By integrating these strategies thoughtfully, teachers can engage their students more effectively and ensure that language learning is not only meaningful but also relevant to their future needs. From my perspective, active learning has the power to revolutionize language education. I have witnessed how even the most reserved students come alive during interactive activities, gaining the confidence to express themselves and apply their knowledge outside the classroom. For example, in a storytelling session I facilitated, students not only practiced new vocabulary but also learned to collaborate and adapt their language use to suit the narrative. Such experiences affirm my belief in the transformative potential of active engagement, making it an indispensable approach in modern language teaching.

References:

- Alisoy, H., & Sadiqzade, Z. (2024). Mobile-Assisted Language Learning (MALL): Revolutionizing Language Education. *Luminis Applied Science and Engineering*, 1(1), 60-72.
- Alisoy, H., Mammadova, I., Asadova, B., Ismayilli, F., & Aliyeva, T. (2024). The future of language education: Integrating smartphones into the curriculum. *Edelweiss Applied Science and Technology*, 8(6), 4539-4556.
- Babazade, Y. (2024). Proverbs in Pedagogy: Their Role in Language Teaching and Cultural Transmission. *Global Spectrum of Research and Humanities*, 1(1), 69-82. <https://doi.org/10.69760/gsrh.0101202407>
- Bonwell, C. C., & Eison, J. A. (1991). *Active learning: Creating excitement in the classroom*. 1991 ASHE-ERIC higher education reports. ERIC Clearinghouse on Higher Education, The George Washington University, One Dupont Circle, Suite 630, Washington, DC 20036-1183.
- Brophy, J. E. (1983). Classroom organization and management. *The elementary school journal*, 83(4), 265-285.
- Formisano, M. A., Calenda, M., & Caivano, M. (2021). Ripensare le attività di apprendimento. Osservare e comunicare efficacemente in DAD per promuovere l'apprendimento significativo. *Q-TIMES WEBMAGAZINE*, 2(XIII), 208-2020.
- Formisano, M. A., Umoh, D. E., Passafiume, M., & Abdullahi, B. S. (2024). Observational Methodologies in Education: Analysis of Interactions. *Observational Methodologies in Education: Analysis of Interactions*, 4, 640-646.
- Freed, J. E. (2010). Teaching with classroom response systems: Creating active learning environments. *The Review of Higher Education*, 33(2), 288-289.
- Hajiyeva, B. (2024). Language Anxiety in ESL Learners: Causes, Effects, and Mitigation Strategies. *EuroGlobal Journal of Linguistics and Language Education*, 1(1), 119-133. <https://doi.org/10.69760/pn9wgv05>



- Ismaili, T. M., Orujova, D. I., Bahruz, A. N., & Zeynalova, R. S. (2024). Bullying and Its Impact on Learning Process (Language Learning). *International Journal of Religion*, 5(11), 1238-1243. <https://doi.org/10.61707/k9ahjd46>
- Javid, B., & Sayyara, S. (2024). The Most Ideal L2 Teaching Method. *International Journal of Religion*, 5(7), 367-378.
- Martyn, M. (2007). Clickers in the classroom: An active learning approach. *Educause quarterly*, 30(2), 71.
- Michael, J. (2006). Where's the evidence that active learning works?. *Advances in physiology education*.
- Nouri, J. (2016). The flipped classroom: for active, effective and increased learning—especially for low achievers. *International Journal of Educational Technology in Higher Education*, 13, 1-10.
- Park, E. L., & Choi, B. K. (2014). Transformation of classroom spaces: Traditional versus active learning classroom in colleges. *Higher Education*, 68, 749-771.
- Roehl, A., Reddy, S. L., & Shannon, G. J. (2013). The flipped classroom: An opportunity to engage millennial students through active learning strategies. *Journal of Family and Consumer Sciences*, 105(2), 44.
- Rotgans, J. I., & Schmidt, H. G. (2011). Situational interest and academic achievement in the active-learning classroom. *Learning and instruction*, 21(1), 58-67.
- Rzayeva, E. (2025). Drama in Foreign Language Education: Bridging Communication and Creativity. *EuroGlobal Journal of Linguistics and Language Education*, 2(1), 33-39.
- Sadiqzade, Z. (2024). Fostering Emotional Intelligence in Language Learners. *Journal of Azerbaijan Language and Education Studies*, 1(1), 67-76. <https://doi.org/10.69760/jales.2024.00106>
- Sadiqzade, Z. (2024). The Impact of Music on Language Learning: A Harmonious Path to Mastery. *EuroGlobal Journal of Linguistics and Language Education*, 1(1), 134-140. <https://doi.org/10.69760/zma1bn56>
- Zappe, S., Leicht, R., Messner, J., Litzinger, T., & Lee, H. W. (2009, June). “Flipping” the classroom to explore active learning in a large undergraduate course. In *2009 Annual Conference & Exposition* (pp. 14-1385).

Received: 23.01.2025

Revised: 25.01.2025

Accepted: 28.01.2025

Published: 06.02.2025



This is an open access article under the
Creative Commons Attribution-
NonCommercial 4.0 International License

Acta Globalis Humanitatis et Linguarum
ISSN 3030-1718